

CHEAT SHEET

How to Express Your Feelings in French

#1 La tristesse (Sadness)

Je suis triste. (I'm sad.)

Je suis malheureux / malheureuse (I'm unhappy.)

#2 La joie (Joy)

Je suis content / contente. (I'm content, happy.)

Je suis heureux / heureuse. (I'm happy.)

#3 La peur (Fear)

J'ai peur. (I'm scared.)

#4 La surprise (Surprise)

Je suis surpris / surprise. (I'm surprised.)

#5 La colère (Anger)

Je suis en colère. (I'm angry)



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